

Homeopathic Management of Ring Worm

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ABSTRACT

Ring worm is one type of fungal infection occurring on the skin. There are circular, scaly and contagious eruptions on skin. There are various types of ring worm. Homoeopathy is the system of medicine which effect on immune system as well as whole human being. It treats gently and permanently in case of Ring worm.

KEYWORDS: Fungi, Ringworm, Tinea corporis, Tinea capitis, Tinea cruris, Tinea pedis, Onychomycosis and Therapeutics

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INTRODUCTION

Organelles belongs to class of Eukaryotes are involved in human infection. It includes fungi, protozoa and helminthes. Fungi exist as moulds (filamentous fungi) or yeast. Fungal skin infection is divided in two types. First type is Deep or Chromo mycosis and other is very common superficial fungal infection. Superficial infections are also known as Dermatophyte infections or Ring worm.

There are following types of Ring worm:

- Tinea corporis
- Tinea capitis
- Tinea cruris
- Tinea pedis
- Onychomycosis

Tinea corporis:

There are asymmetrical lesions, which may be single or multiple. It is commonly occurred from organisms *Microsporiumcanis* (from dogs) and *Trichophytonverrucosum* (from cats). There are

lesions with erythematous, annular, scaly, with well defined edge and clear central area.

Tinea capitis:

It is infection of scalp hair shafts and common in children. It is typically presented with inflamed area, scaling, pustules and partial hair loss. Such infection of hairs occurred within shaft – Endothrix, which is caused by *T. tonsurans* or infection from outside – Ectothrix which is caused by *Microsporiumaudouinii*.

Tinea cruris:

It is the most common type of Ring worm. It is caused by *trichophytumrubrum*. It is affecting over groin and may extend up to thighs. There are itchy, erythematous plaques with raised active edge.

Tinea pedis:

It is common fungal infection in U.K. and U.S.A. also known as Athlete's foot. There is itchy rash between toes with peeling, cracking, softening with whitish appearance of affected part. There are also some other

signs presented with peculiar causative organisms. Fine scaling is characteristic of *T. rubrum* infection. Vesiculation is seen with infection of *T. mentagrophytes*.

Onychomycosis:

There is fungal infection of the nail plate. The causative organisms are same which causes Tinea capitis and Tinea pedis. There is yellowish or brownish discoloration of nail, crumbling, thickening and subungual hyperkeratosis. More commonly infecting toe nails.

Therapeutic indications for Ring worm:

Arsenicum album:

It is indicated in pale, thin and irritable patients. Dry scaly eruptions; crusts when scratched exude thin water, which excoriates. There is burning and itching which < at mid day and mid night and > by warm application.

Baryta Carb:

Ringworm in children subject to glandular swellings on various parts of the body, excepted over face. There are yellowish scaly eruptions. Tingling, burning and pricking sensation which is not relieved by scratching.

Clematisrecta:

Ringworm with intolerable itching which aggravated in bed and after washing. There is development of eruptions after gonorrhea. Eruptions become moist during increasing moon and dry during decreasing moon.

Mezerium:

It is indicated for ring worm of scalp. Head covered with thick, leathery crusts. There is exudation of thick pus from crusts. It bleeds easily when touched and producing crawling, itching and burning.

Natrumars:

It is indicated for patients with dark complex, who has black hair and constantly stooped up nose because of dry crusts in the nose. There are squamous eruptions with excessive accumulation of thin, white and dry scales, which results in red and angry look of the skin. There are dry scales which causes itching <by warmth and by exercise.

Psorinum:

There are moist or dry, scaly eruptions, pustules and crust exuding an offensive discharge. Eruptions are dirty gray colored with intense itching which is not relieved by scratching < from uncovering, from cold and in the winter.

Rhustox:

It is suited for patient with rheumatic diathesis. There is formation of yellowish or straw colored and very small sized vesicles in clusters. The affected part becomes raw, excoriated with thick, brownish crusts. There is intense itching and burning > by motion.

Sepia:

It is indicated for Ring worm over flexure surfaces of body < every spring. There are dry, brown and rough spots in delicate female patient, who also suffer from scanty menses. There are moles and moth spots on different parts of the body.

Tuberculinum:

Dr. Burnett, of England, first used this remedy for the treatment of Ring worm. It is indicated in light complexioned patients who are suffering from tubercular diathesis. There are white scales with itching < undressing and after bathing. It is suited for patients with changeability of symptoms, takes cold easily and melancholic nature.

Tellurium:

Ringworm occurs at any part of the body especially over lower limb, scrotum and perineum. Red elevated rings very distinctly marked with minute itching. There is formation of vesicles filled with watery and excoriating fluid which smells like fish-brine, especially on lower extremities. Copious sweating. <at night.

Vinca minor:

Tinea of the scalp with bed smelling, moist eruptions, tangled and matted hairs. There is corrosive itching with burning after scratching < at night.

Case:

There are several cases of skin diseases and among of them many of ring worm. There one case before 2 years in August, 2019 came to my clinic. She was 35 years of age working woman. Accompanying with her husband, she complaint about extreme burning, severe itching and scratching over pudendal region and beneath breast. She told that itching was started before many years almost 4-5 years. Her husband said that they tried many different ointments and lotions prescribed by different skin specialists. Every time there were slight subsiding and more aggravated form after few months. There were almost 2inch diameter circular Tinea cruris over thorax and bilateral inner aspect of thighs. There is formation of vesicles and red elevated part as seen in images below.



She had aggravation in itching during night, while sweating and from friction of tight cloths. Burning and itching was ameliorated after applying mixture of coconut oil and water. I had also suggested not to wear tight clothing and increase hygienic condition. Over physical general aspects, she had regular thirst, desire for spicy and salty food and normal sleep. Sleep was disturbed due to itching and burning.

After considering above totality Natrum Mur was prescribed on 22-04-2020 for three consecutive doses on three days. Then repetition of the same was done on 18-07-2020. During which she was improved and after the last dose all complaints were completely cured.



Natrum Muriaticum is one of the best polycrest which has also prominent effects over Skin complaints. It is the most suitable medicine for cachectic patient and waxy & dry part. There are also cracks and dry vesicular eruptions over skin according to Dr. S.R.Pathak.

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